



## RETREAT HOSTS

The Arizona Serenity in the Desert Intergroup and Scottsdale Arizona Big Book Group of Overeater's Anonymous proudly present a 2024 Big Book Retreat

## HOTEL AMENITIES

- 24-hour shuttle service to and from the Phoenix Sky Harbor Airport
- Complimentary access to onsite fitness center and swimming pool
- Onsite convenience store with limited food and items available for purchase
- Onsite restaurants
  - Breakfast at The Post restaurant served 6:00 to 11:00 am daily.
  - Lunch and dinner at The Perch restaurant served 11:00 am to 11:00 pm daily.

## BE SURE TO BRING...

- **Cash** for 50/50 drawing, other raffles and bottled water (unlimited for \$5 or \$.50 each)
- **Comfort** by bringing a pillow or cushion
- **Comfortable shoes & appropriate clothing** (meeting room cool) and comfortable shoes
- **Charging** cords and docking stations



### Questions?

### Email us!



[scottsdalebbretreat@gmail.com](mailto:scottsdalebbretreat@gmail.com)

# Transcending from Dieting to Recovery

**JULY 12-14, 2024**

**The Crowne Plaza  
Phoenix, Arizona**

Presented by:  
Arizona Serenity in the Desert Intergroup  
and  
The Scottsdale Arizona Big Book Group

## SCHEDULE OF EVENTS

### FRIDAY EVENING

4:00pm Hotel Check-in Open

4:00pm - 6:30pm Retreat Registration

6:45pm Retreat Welcome

7:00pm - 9:00pm

Session #1: Retreat Leader's Story, The Doctor's Opinion, Q&A

9:00pm - 10:00pm Overeaters Anonymous Meeting

### SATURDAY

7:30am - 9:00am Check-in & Welcome

9:00am - 11:45am Session #2: Bill's Story (Steps 1-3)

12:00pm - 2:00pm Lunch (Speaker TBD)

2:00pm - 5:30pm Session #3: (Steps 4-9)

7:00pm - 8:00pm Dinner (Speaker TBD)

8:00pm Fellowship & Fun!

### SUNDAY

9am - 11:30am Session # 4 (Steps 10,11,12)

11:45 am Retreat Closing

11:00 am Hotel Check-out



## HOTEL REGISTRATION

### Crowne Plaza Hotel & Conference Center

**Room Type:** (2) queen beds, (1) bath, refrigerator and coffee maker. Handicapped rooms available upon request

**Retreat Room Rate:** \$119.00 per night + tax/fees

**Room Rate Registration Deadline: June 14, 2024\***

**Book online at:** <http://tinyurl.com/yckspbfm>

**Coming early or staying later?** Room rates can be extended **BEFORE JUNE 14, 2024** by calling Megan at The Crowne Plaza directly: **602-286-1139** (Monday - Friday 8-4:30pm MST)

\*Room registrations at the Crowne Plaza made after June 14, 2024 will be subject to regular hotel rates.

## FEES & DEADLINES

### Early Bird Registration

➔ **\$140.00**  
Ends June 1, 2024

### Regular Registration Fee

➔ **\$150.00**  
Ends July 5, 2024

Cancellations made by June 1 are subject to a non-refundable, \$75.00 registration fee.

**Final payment due: July 5, 2024**

## RETREAT REGISTRATION

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am registering as a Commuter \_\_\_\_\_

(Commuters receive a 3-day onsite parking pass with registration)

## MEAL SELECTION

### Saturday Lunch Selection: (choose one)

- \_\_\_\_ Vegetarian
- \_\_\_\_ Chicken Caesar Salad
- \_\_\_\_ Hamburger with Lettuce & Tomato

### Saturday Dinner Selection: (choose one)

\_\_\_ Vegetarian \_\_\_ Chicken (4oz) \_\_\_ Salmon (4oz)

All dinners served with Garden Salad, Seasonal Green Vegetable, mixed fresh berries, coffee, iced tea and water.

## PAYMENT INFORMATION

Register and pay online by credit, debit, or Paypal at <https://oaphoenix.org/events/>

Register and pay by check. Mail completed registration and check (payable to: **AZ Intergroup of Overeater's Anonymous**) to

OA - Scottsdale Retreat  
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